



together in good health

Get the great care and resources you need to live healthy – all together in one convenient package. Check out everything that comes with your health plan, and you'll see why over 10 million people nationwide have chosen Kaiser Permanente. In fact, we're consistently highly rated in overall member satisfaction among CalPERS Basic plans.

CalPERS members: Join Kaiser Permanente!

Open enrollment is September 14 through October 9, 2015.

A healthy partnership

Good health is easier with the right support. Work with a care team that gives you the right care for your needs. You can also choose or change your doctor anytime. Visit kp.org/searchdoctors to see your options.

Great care, great results

Get the care you need to stay healthy. Whether it's time for a preventive screening or you need care for a serious condition, we've got you covered. And it's all backed by the latest medical technology and research.

Care the way you want it

Choose how, when, and where you get care. You can manage your care online,* by phone, at our facilities, and more. You also have access to health advice 24/7, and you're covered for emergency and urgent care anywhere in the world.

Healthy resources

Take advantage of a wide range of convenient tools to help you stay well – from health classes at our locations to one-on-one support from a wellness coach. Some classes may require a fee. Visit kp.org/livewell to learn more about our programs.

Video appointments

Save time with a video appointment. For certain conditions or symptoms, you may be able to see your doctor using your computer or mobile device.

Chiropractic/acupuncture benefit

Your plan now includes up to 20 chiropractic and acupuncture visits (total) per calendar year from network providers for \$15 per visit.

To learn more about Kaiser Permanente, call us 24 hours a day, 7 days a week (closed holidays):

1-800-464-4000 English
1-800-788-0616 Spanish

1-800-757-7585 Chinese dialects
711 TTY for the hearing/speech impaired

*Online features when you receive care at Kaiser Permanente facilities

kp.org/calpers

CalPERS Summary of Benefits (1/1/2016 -12/31/2016)

These benefits reflect the 2016 contract year. For a complete explanation of benefits, exclusions, and limitations, refer to the *2016 Combined Evidence of Coverage and Disclosure Form (Evidence of Coverage)*. For details about changes to your prescription drug benefits, please see your *Evidence of Coverage*, and check with your agency for information about your monthly premiums.

Services offered	Basic Plan
Physician services	\$15 per visit
Hospital services	No charge
Emergency care	\$50 per Emergency Department visit (does not apply if you are held for observation in a hospital unit outside the Emergency Department or if you are admitted directly to the hospital as an inpatient)
X-ray and lab tests	No charge
Online resources (Available through My Health Manager at kp.org/calpers)	<p>Email your doctor's office: No charge</p> <p>Take a Total Health Assessment: No charge</p> <p>View most lab test results: No charge</p> <p>Schedule routine appointments: No charge</p> <p>View portions of your medical record: No charge</p> <p>Refill prescriptions: No extra charge for delivery</p>
Prescription drugs	<p>\$5 generic/\$20 brand, up to a 30-day supply from a Plan pharmacy*</p> <p>\$10 generic/\$40 brand, up to a 100-day supply by mail-order service (delivery at no extra charge)*</p> <p>Drugs prescribed for treatment of sexual dysfunction covered at 50% coinsurance for up to a 100-day supply from a Plan pharmacy or by mail-order service (delivery at no extra charge)†</p>
Routine preventive care	<p>Periodic health exam, including well-woman exam: No charge</p> <p>Scheduled prenatal care and first postpartum visit: No charge</p> <p>Well-child visits (0-23 months): No charge</p> <p>Vaccines (immunizations): No charge</p> <p>Eye refraction exam: No charge (no charge for eyeglasses or contact lenses following cataract surgery)</p> <p>24-hour advice nurse: No charge</p>
Women's preventive care services	<p>Well-woman exams: No charge</p> <p>Contraceptives (prescribed contraceptive methods): No charge</p> <p>Breastfeeding support, supplies, and counseling: No charge</p>
Mental health services	<p>Outpatient visits: \$15 per individual visit; \$7 per group visit</p> <p>Inpatient psychiatric hospitalization: No charge</p>
Hearing services	<p>Routine preventive hearing tests: No charge</p> <p>Hearing aid(s): \$1,000 allowance every 36 months</p>
Allergy services	<p>Allergy injection visits: No charge</p> <p>Allergy testing visits: \$15 per visit</p>
Chiropractic/ Acupuncture	<p>\$15 per visit (up to a combined total of 20 chiropractic and acupuncture visits per calendar year from network providers)</p>

*Includes covered outpatient items in accord with our drug formulary guidelines

†Episodic drugs prescribed for the treatment of sexual dysfunction are covered up to a maximum of 8 doses in any 30-day period or 27 doses in any 100-day period.

This is only a summary of some benefits and their copays and coinsurance. Please see your *Evidence of Coverage* for more information about coverage, limitations, and exclusions for all benefits, including those not listed in this summary.